

## General information

### About INWES-APNN 2019 meeting

The INWES-APNN 2019 meeting will be organized by the Women in Science and Engineering Nepal (WISE Nepal) in cooperation with International Network of Women Engineers and Scientist's Asia Pacific Nation's Network INWES-APNN from 19<sup>th</sup> to 22<sup>nd</sup> September 2019 in Kathmandu, Nepal including arrival and departure dates for international participants.

The first day will be the International Conference of Women in Science Technology, Engineering and Mathematics (STEM) with plenary/panel discussions on following themes: (i) Narrowing Gender Gaps in STEM; and (ii) Women as global leaders and players in STEM. This conference is open to all STEM professionals, researchers, policy makers, practitioners, professors. The second day will be dedicated to the annual general meeting of APNN members with country reporting. Participants are kindly requested to register to attend the both the international conference and APNN meeting.

### Other activities

Conference Gala dinner will be held in the Ambassador hotel on 20<sup>th</sup> September 2019.

### Visit tour

On the second day (21<sup>st</sup> September 2019), participants will visit Kathmandu Durbar Square, a World Cultural Historic Heritage Site in the heart of Kathmandu, do a shopping nearby and enjoy a Nepali authentic food (dinner to be hosted by WISE Nepal).

### Registration and fee

Conference registration could be done online at <https://wiseneal.org/conference/>

A registration fee is required to register for the conference participation as indicated in the website <https://wiseneal.org/conference/>

### Accommodation

The host will provide free accommodation of 3 nights for one representative from each APNN members and INWES Board of Directors (maximum of two). All other international participants will have to register through the website paying the registration fee as given in the website above.

The accommodation is booked in Ambassador Hotel, Lazimpat, Kathmandu Nepal. See <http://www.ambassadornepal.com/> for details.

The events (Conference and APNN meeting) will also takes place in the same hotel.

### Visa and Customs

All international participants except 12 countries (Nigeria, Ghana, Zimbabwe, Swaziland, Cameroon, Somalia, Liberia, Ethiopia, Iraq, Palestine, Afghanistan and

Syria) are granted Visa on arrival by the immigration desk at the arrival in the Tribhuvan International Airport. On Arrival Visa Fees are applicable as mentioned below:

For 15 Days -25USD

For 30 Days -40 USD

For 90 Days- 100 USD

The nationalities of as above mentioned 12 countries are advised to obtain Nepalese visa in advance from the Nepalese Mission abroad.

Travellers are required to declare foreign currency at red channel if the sum exceeds US \$2,000.00 or equivalent.

### **Local transportation**

All the local transportation concerning official APNN tour will be arranged by the host.

The organizer will not arrange airport transfers. After collecting the luggage, the participants are requested to take a pre-paid taxi (which is safe) at the counter at right hand side before you exit the Airport. The pre-paid taxi fare (one-way) from airport to Ambassador hotel will be around USD 13.

### **More on Kathmandu**

Kathmandu is the capital and largest municipality of Nepal. Kathmandu is the core of Nepal's largest urban area located in the Kathmandu Valley consisting of Lalitpur, Kirtipur, Madhyapur Thimi, Bhaktapur and a number of smaller communities. Kathmandu City has a population of 1,003,285 and measures 49.45 square kilometres (19.09 sq miles). The city stands at an elevation of approximately 1,400 metres (4,600 ft) in the bowl shaped Kathmandu Valley of central Nepal. It is surrounded by four major mountains: Shivapuri, Phulchoki, Nagarjun, and Chandragiri. Kathmandu Valley is part of three districts (Kathmandu, Lalitpur, and Bhaktapur), has the highest population density in the country, and is home to about a twelfth of Nepal's population.

**Security:** Nepal in general a peaceful and tourist friendly country. Participants are though to be careful when walking in the crowded area from pick-pocketing, taking a taxi.

**Climate:** In Kathmandu, the temperature during 19-22 September will be around 10 – 25 degrees celsius, which will be very pleasant.

**Timezone:** UTC+ 05:45 hours

**Religion:** In Kathmandu, majority are Hinduism (81%) and Buddhism (10 %), Islam (5%) and minority of Christian (2%).

**Culture:** Nepal's culture is greatly influenced by its music, architecture, religion (majority are Hindus) and literature.

**Language:** The official language of Nepal is Nepali. There are more than 80-100 local languages spoken across the country. English is understood widely.

**Currency:** The Nepalese Rupee (NPR) is made up of 100 paisa. Denominations of paper currency are NPR1000, 500, 100, 50, 20, 10, 5, 2 and 1.

**Foreign Exchange:** Exchange rate hovers around is NPR 113/USD on an average. You can exchange money in the hotels and at the airport and at local money changers. More information can be collected at the hotel reception.

**Communication:** Telephone and mobile SIM cards: Local mobile SIM cards are readily available in most of the shops, upon submission of passport copy and two passport size photographs. Hotel will have free wifi for free internet connection and communication. For calling within Nepal, the international country code is +977. When dialling a landline, dial +977 1 and then the telephone number you are calling, for dialling mobiles, dial +977 and the mobile number.

**Electricity** – Kathmandu uses electricity of 220-240 volts and 50Hz, the electric plugs are two or three round prongs, but not flat prongs.

**Water:** Tap water is not safe to drink in general, so it is advised to buy bottled water only for drinking, which will cost about 20 cents per liter of bottle.

**For further information, kindly contact:**

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